Dear Parents,

This morning, the College bade farewell to our Year 12 students with a breakfast, an assembly and morning tea. The gymnasium was bursting at the seams with 850 students, 80 staff and well over 250 family and friends. The Farewell Assembly has developed into a very significant celebration for our Year 12 students as they complete their education at Mazenod. The celebration continues tomorrow with a Valedictory Mass and dinner for students, parents and staff.

At the assembly we acknowledged to parents the enormous trust they place in the College to guide their son’s secondary education and to support them through what can be a tricky time raising boys through the teenage years. We do not treat this trust lightly. Parents were asked to reflect on the reasons why they chose Mazenod all those years ago – what did they want for their son by enrolling him here at Mazenod?

I am sure there would have been a myriad of reasons and different priorities amongst parents for their decision. It may have been based on a combination of a Catholic education, an all-boys environment, Boarding facilities, the discipline structures, the reputation for academic success, the opportunity to be involved in specialist programmes, the wide curriculum available catering for all students’ interests and abilities, the opportunities in sport, performing arts, community service and leadership, the pastoral care programmes and support structures, or the sense of belonging to a community that has clear values may have been priorities.

Whatever the reasons and priorities, it is likely parents’ aspirations centre on hopes that their son makes a smooth transition to Secondary School, that they are safe, happy and form sound friendships. Dreams may extend to hoping that they develop confidence within themselves, have a sense of belonging, that they are known and appreciated as individuals, and that the College fosters the work done at home to develop boys into young men ready to successfully take on the next part of their journey. Hopefully they will be equipped to make good decisions, to be safe and have the personal values to make a difference to their lives and to the lives of others.

To our Year 12 students, we expressed an appreciation that they are likely to be experiencing a range of emotions at the moment; relief that the six years of secondary education is nearly over, excited about the next stage of their journey, anxious about the university course or TAFE course or apprenticeship that they have chosen, or maybe uncertainty about what they are going to do next year. The boys are encouraged to go forward and use their talents, to follow their passion and develop their interests. We hope that they go forward and make a difference no matter how small that may be. We trust that they will take with them the values they have learnt from their family and our College into the new communities that they will be associated with in the future. I will finish this newsletter with the prayer that concluded today’s assembly.

Our lives are marked forever by those we meet, the friendships we make and the love we experience, the reconciliations and the quarrels, the works we have tried to do together, for each other and for those less fortunate.

All this has given us something that will last. Long after we’ve forgotten the marks of our exams, we’ll remember the friendships, the times of growth, the fun, the laughter, the jokes.

We’ll remember how we helped each other to grow as people, in faith, in hope and in love.

May what we have done in this place, be given to many others in our lives.

God our Father, bless us as we go from this table of your love, and from this place where you have been present among us.

Bless all those who have given their time to us;
Bless all those who work here, teachers and staff.
May we go forth from here, confident in ourselves, and willing to serve others.

We make this prayer through Christ our Lord. Amen.

Mr John Payne (Principal)
2016 SCHOOL FEES AND RE-ENROLMENT FORMS

2016 SCHOOL FEES – TERM 4 INSTALMENTS

- Term 4 fee instalments to finalise accounts for Year 7 – 11 students are due and payable no later than 31st October 2016.
- Year 12 school fees were payable in full prior to 30th September 2016. If you have not yet settled your account, please forward payment. To discuss, amend or renegotiate payment commitments please contact Monica Slater, Finance Department on 9291 1414 or at slater.monica@mazenod.wa.edu.au.

2017 RE-ENROLMENT FORMS – CURRENT DAY STUDENTS

Confirmation of your son’s re-enrolment and a $300 deposit per student, were required by Friday 23rd September. If you have not yet returned your signed re-enrolment letter and paid the deposit, please attend to this matter as soon as possible. If you are as yet undecided whether your son will return in 2017, please contact the College to discuss options. The Student Withdrawal Policy may be viewed at: http://web.mazenod.wa.edu.au/enrolments/fees-schedule

Enquiries: Monica Slater, Finance Department on 9291 1414 or at slater.monica@mazenod.wa.edu.au.

UPCOMING IMPORTANT EVENTS

THANK YOU FROM THE MAZZA MUMS
Thank you to all the families who contributed to the Year 12 Farewell Assembly this week.

VALEDICTORY MASS and DINNER – 22 October
We request you be seated by 3:45pm for a 4:00pm start (Lady of Lourdes, Lesmurdie). At the conclusion of Mass, there will be the Valedictory Dinner in the College Gymnasium commencing at 5:30pm, followed by a presentation of Year 12 students.

PRESENTATION NIGHT – Tuesday 25 October
All families are invited to this special evening and we request that you be seated by 7:15pm for a 7:30pm start and that your son(s) sits with you during the speeches and presentations.

NEWS FROM THE McCarthy LIBRARY

Scholastic Book Fair supporting the Footpath Library: McCarthy library is holding Scholastic Book Fair from 10-15 November and we would love you to be part of it. If you would like to purchase books for your family or as Christmas presents for friends, please come along and browse what is on offer. All profit from the book fair will be donated to the Footpath Library to brighten Christmas Day for homeless children. We look forward to meeting you at our fair which opens on the 10th.

Mrs Worthington, HO McCarthy Library

CANTEEN ROSTER: 24-28 October

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
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<tbody>
<tr>
<td>Julie Moro</td>
<td>Tracy Daljac</td>
<td>Jeannie Lovel</td>
<td>Karen Hegarty</td>
<td>Vanessa Johnson</td>
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<tr>
<td>Ella De Nardi</td>
<td>Collette Copeland</td>
<td>Jodi Conti</td>
<td>Melissa Mars</td>
<td>Rachel Glassock</td>
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<tr>
<td></td>
<td>Louisa Kuchel</td>
<td>Vindhya Raj</td>
<td>Melissa Doyle</td>
<td>Ann Shelley</td>
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</tbody>
</table>

SCIENCE DEPARTMENT NEWS

The Year 9 Specialist Science class recently submitted their extended investigations into the WA Science Talent Search, run by the Science Teachers Association of WA and Scitech. We have been submitting student entries into this competition for a number of years and have had quite a lot of success in the past including WA runners up in 2012. This year we have been successful once again. Four of our projects submitted are finalists in the state competition with three of those projects being entered into the national BHP Billiton Science and Engineering Awards. Many of our projects also received a merit award. The complete list of projects and their award is below. I congratulate all students on their success and we hope for more excellent results in the competition next year.
### Project Students Award

<table>
<thead>
<tr>
<th>Project</th>
<th>Students</th>
<th>Award</th>
</tr>
</thead>
<tbody>
<tr>
<td>The energy released from burning different native vegetation.</td>
<td>Joshua Pendum, Nicholas Limnios and Matthew Springer</td>
<td>Finalist and entrant into the national BHP Science Awards.</td>
</tr>
<tr>
<td>Solar panel that tracks the sun using Lego robotics</td>
<td>Thomas Munyard, Benjamin Smith and Giacomo Paduano</td>
<td>Finalist and entrant into the national BHP Science Awards.</td>
</tr>
<tr>
<td>Effect of different crops on soil nutrients</td>
<td>Kallen Parsons, Seth Morris and Mitchell Derrick</td>
<td>Finalist and entrant into the national BHP Science Awards.</td>
</tr>
<tr>
<td>The effects of oral hygiene products on mouth bacteria.</td>
<td>Max Batty, Oscar Barrett-Moses and Buster Shelley</td>
<td>Finalist</td>
</tr>
<tr>
<td>The effect of different cooking methods on the Vitamin C contents of citrus.</td>
<td>Jonah Powell and Taj Kuchel</td>
<td>Merit</td>
</tr>
<tr>
<td>How different varieties of lawn respond to different watering regimes.</td>
<td>Ryan Le Tessier, Cooper Littlefair and Benjamin Dupont</td>
<td>Merit</td>
</tr>
<tr>
<td>The effectiveness of different household detergents.</td>
<td>Liam Jones, Alec Vanzetti and Jarrod Whittington</td>
<td>Merit</td>
</tr>
<tr>
<td>The effectiveness of different sunscreens on UVA and UVB blocking.</td>
<td>Hannes Johansen, Jayden Dry and Leon Monaghan</td>
<td>Merit</td>
</tr>
<tr>
<td>Bacteria on common household devices.</td>
<td>Brodie Hart, Kael Fisher and Reilly Miltrup</td>
<td>Merit</td>
</tr>
<tr>
<td>The flammability of household objects.</td>
<td>Michael Murray and Samuel Bulich</td>
<td>Participation</td>
</tr>
<tr>
<td>Brandwashing – are we bias towards brands we know?</td>
<td>Daniel White, Lewis Leyland and Nikola Keskic</td>
<td>Participation</td>
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</tbody>
</table>

Mr Liam Mallon, Head of Science

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### HEALTH & PHYSICAL EDUCATION NEWS

#### SPORTING EXCELLENCE

**Congratulations to the following students:**

**Paul Stervaggi** (Y8) who competed at the **WA All Schools Athletics Championships** on the weekend. Paul finished 1st in the u/14’s 400m and 1st in the u/14’s 800m. A fantastic result and Paul has now qualified for the **Australian All Schools Athletics Championships** in Canberra on the 1-4 December. Well done and good luck!

**Aeden Hale** (Y8) who recently competed at the **WA All School Athletics Championships** held at the State Athletics Centre. Aeden claimed **GOLD** in the u/16 **High Jump** (Aeden is only 14 years old), clearing a height of 1.75m. A fantastic effort which now qualifies him to represent WA at the Australian All Schools Championships held in Canberra in December and the Junior Athletics Nationals held in March in Sydney. Well Done and good luck!

**Jesse Morgan** (Y10) who competed in the **2016 National Gravity Enduro Mountain Biking Championships** in Adelaide on the weekend. He was placed 3rd in the under 17 age group. A fantastic result, well done!

Jake Akmens, Sports Coordinator

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**2016 OBLATE CRICKET TEAM SELECTED**

**Congratulations** to the following students who have been selected to represent Mazenod WA in the Oblate Cricket Carnival in Melbourne from Sunday 4th to Friday 9th December, hosted by Mazenod Victoria. Thank you to the large number of students who attended the trials throughout Term 3 & 4.

<table>
<thead>
<tr>
<th>Thomas Bennier (Y11)</th>
<th>Jaxon Butler (Y11)</th>
<th>Ethan Carrington (Y10)</th>
<th>Joel Curtis (Y11)</th>
<th>Rory Morris (Y11)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Luke Di Franco (Y11)</td>
<td>Adam Disisto (Y11)</td>
<td>Joshua Harris (Y10)</td>
<td>Liam Hindle (Y11)</td>
<td>Kallen Parsons (Y9)</td>
</tr>
<tr>
<td>Kyle Sermon (Y11)</td>
<td>Zane Thurston (Y10)</td>
<td>Kai Williamson (Y10)</td>
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Tim Grabski, Head of Department (Health and Physical Education)
During Week 1, Term 4 the Year 11 Outdoor Education class embarked on their final expedition of the year. The camp included visiting the South West region of Western Australia, particularly within the areas of Yallingup and Dunsborough.

The students set off on Wednesday morning full of energy. By the time we reached our destination the group set foot into Ngilgi Cave in Yallingup. A marvellous piece of natural wonder, and an experience the group really enjoyed. The sights of the cave lit up by colourful lights will be a lasting memory.

Following the cave the group made their way to Meelup Beach to try their hand at fishing. Without a great deal of luck, Brett Williams and Michael Garfield were able to haul in a couple of beauties. Following fishing and a short swim it was time to set up camp and get some rest before a long day of hiking.

A beautiful morning met the group on Thursday and after a quick pack up, we were on the bus and walking the Meelup and Cape to Cape trails. The coastline was glorious with sights of whales/dolphins/seals and snakes!!! The group completed the 20km trip from Eagle Bay to Yallingup in good time and with only a few grumbles.

On Friday, the group made the long trip back to school. Although tired, they were happy with what they had accomplished while on the expedition.

A big thank you to Mr Worth for his efforts while on the trip.

MAZENOD BASKETBALL CLUB NEWS

With planning well under way for our Basketball Club Day, we now need all players to jump online and let the committee know if you will be coming. Your parents and sibling are welcome, but we do need you to register for catering purposes. The link for registering is Bball.events@mazenod.wa.edu.au.

Liz Linaker

LESMURDIE MAZENOD JUNIOR CRICKET CLUB NEWS

U/17 Players Needed!
LMJCC is in need of a few more players to complete their U/17 squad. If you are currently in Year 10 or 11, were no older than 16 years of age as at the 30th of June 2016, and would like to play cricket this summer, we would love to hear from you! Training is on a Monday and/or Friday from 330pm - 530pm at Ray Owen Reserve, with Sunday games due to commence on the 16th of October. Please direct any queries to the Registrar, Kristie Ives, on 0417 959 745 or registrar.lmjcc@hotmail.com.
Due to the support of the Mazenod Community the P&F have funded the following equipment:

- Gym/Mazenod Basketball Club - $7,000 to cover cost of electric winch and Perspex basketball backboards
- Performing Arts - $7,500 for purchase of Baby Grand Digital Piano
- Mazenod Football Club - $2,500 to assist with purchasing 3 footballs for each team
- Mazenod Hockey Club - $1,000 to assist with umpiring/coaching clinic and assist with replacing goalie equipment
- Lesmurdie Mazenod Junior Cricket Club - $3,000 to assist towards purchasing new cricket balls

ANNUAL GENERAL MEETING: The Parents and Friends Committee Annual General Meeting is on Tuesday 8 November at 07:30 pm in the boardroom. The meeting will elect next year’s President, Vice-President, Secretary, and Treasurer. Before you ensure there is something else you really have to do that evening, consider coming along and nominate for a position. We have funded, influenced this year’s student reporting, and contributed to the College’s strategic planning. No qualifications required, no prior experience necessary, you just need to care about your son’s education and want to make a difference. Join the committee and influence the future. Mr Andrew Watson our 2017 Principal will be present at the AGM. Looking forward to seeing you at the meeting.

Tony Checker - President
Mazenod College
Sportsman's Dinner
2016

Friday 28 October – 6:30pm Start
Mazenod Gymnasium

- Join us to celebrate the sporting achievements of the athletes of our College.
- High profile sporting personalities and previous award winners will be in attendance.
  - Pre-sold tickets only – tickets will not be sold at the door.
  - Tickets $35 per person - available from the front office.
Tips to help you and your child through exam stress

It is a real test of parenting when there is an exam student in the house - the date of the WACE exams can evoke feelings of rising anxiety – in students and in their parents! It can be very difficult to stay detached from all the talk about ATAR, what course your child is hoping to do and at which university.

Unfortunately, parents often unintentionally add to this stress by allowing themselves to become consumed with the whole process – or on the other end of the scale by being too laid back which may come across as not caring. What’s needed here is a balance and realistic expectations.

When the WACE exams are just around the corner all parents can do is to support their children, reinforce our confidence in them and make it very clear that **we do not think they are defined by their exam results.**

**Calmness**
- Easier said than done... however, parents have the ability to create a calm environment to study in which includes being comfortable, well-lit and quiet. If possible don’t arrange ‘playdates’ for younger (or older siblings) during this couple of weeks pre and during exams.

**Perspective**
- It is exceptionally important that we reiterate with our children that we will love them no matter what and that unexpected exam results will not change that. There are many many ways in which they can achieve their goals and WACE exams are only one of those ways.

**Routine**
- Keeping to a normal routine is important for both parents and children. Parents who take time off work to ‘be there’ can actually add to the anxiety by placing an added layer of angst. As for your child, he/she will still enjoy the bus-trip home from school, catching up with friends and taking their mind of studying for a short period.
- Having said all this, parents being available to provide some additional practical support at this time such as a lift somewhere or a comforting word will do no harm.
- It is also a good idea to encourage your child to continue to attend school until exam time. They may use excuses like ‘it’s easier to study at home’ but realistically they are probably better to be at school where they will have the support network of their peers and teachers.
Venting
- As is common with most people who experience periodic times of stress, your child will be more likely to let off steam by venting on those closest to them, often their parents. This should not be taken personally so try to be the parent who walks away, takes a deep breath and lets it slide. It will all be over sooner than you think!

Vulnerability
- Keep an eye out on how your child deals with the ‘mock’ exams. This may provide some indications on how they will deal with the WACE exams. Most children will deal with stress of exams even though some will do it better than others. It is worth being aware however that problems may arise if your child has had additional trauma in the year leading up to the exam. Stresses such as loss, relationship breakdown or difficulties with friends can add to the levels of anxiety around exam time. Mock exams will alert you on how to approach the WACE exams. Reaffirm that exam results do not define who you are.
- A good life balance where your child continues with their sport and seeing their friends will contribute to their wellbeing and help alleviate the stress. Exercise as with all of us is vital. It is important to try and reduce your child’s stress levels and not add to them. Too much stress can stop them from reaching their potential by affecting the way their brain recalls and applies information.

Sleep
- A good night’s sleep is paramount (and not just at exam time). Even if your child normally has a device such as a phone in their room at night (never a good idea for anyone) suggest that it is left in another room during this time. The distraction of technology at night is not conducive to a good night’s sleep. Suggest some ways for your child to wind down before bed such as having a warm bath, reading a few pages of a book (other than a text book) meditation or prayer.

Brain Food
- A balanced diet is essential for all our children, all the time but absolutely vital at exam time. Diets including lots of brain food like nuts, seeds an oily fish are particularly beneficial at this time. As parents we can prepare in advance by ensuring that there are healthy snacks available within seconds (!!) as this will stop the constant trek to and from the biscuit barrel.

And remember that although exams may be a necessary evil, they do not and never will define who your child is – please make sure your child knows this.
January Jump Start Program
18th to the 25th of January, 2017

This comprehensive program aims to prepare students for the new academic year. These preparation courses will contain three distinct programs:

- ATAR Preparation for students entering year 11 & 12 in 2017
- Middle School Preparation for students entering years 8, 9 & 10 in 2017

These courses are designed to boost students’ classroom confidence and improve exam results.”

Enrol Now

- Enrol on-line at mastermindaustralia.com.au
- By phone on 9486 1377
- Or simply by completing this enrolment form and posting it to:

  Master Mind Australia
  P.O. Box 1734, West Perth 6872

Phone: 9486 1377  Mobile: 0488 102 907  Email: academicpathways@mastermindaustralia.com.au

mastermindaustralia.com.au
January Prep Program

The January Prep Program which is open to all Western Australian students will be held on the Leeming Senior High School campus.

The program aims to:
- Teach, revise and reinforce sound study skills before the commencement of the new academic year.
- Revise the important components from the 2016 syllabus that are relevant to the new syllabus.
- Offer students a preview of what they can expect in their new courses in 2017.

Important
This program also caters for those students who have already commenced their new units in term four of the previous year.

Program includes:
- Small Groups
- Study Skills
- Essay Writing
- Subject Revision
- 6 hours per subject broken into 2 hours a day for three days
- Comprehensive Subject Notes

Leeming Senior High School
(Aulberry Parade, Leeming WA 6149)

January 2017 Prep Program

Wednesday 18 January to Wednesday 25 January 2017

Choose one subject per timeslot
Students enrol into the subject and year level that they will be entering in 2017

SESSION ONE
Wed 18 to Fri 20 January

Time: 8.30am to 10:30am
- Essay Writing Year 10
- Essay Writing Year 11
- Essay Writing Year 12
- Mathematics Year 7
- Mathematics Year 8
- Mathematics Year 9

Time: 10.40am to 12.40pm
- English Year 12
- Mathematics Year 10
- Mathematics Methods Year 11
- Mathematics Methods Year 12
- Science Year 7
- Science Year 8

Time: 1.10pm to 3.10pm
- Mathematics Application Year 11
- Mathematics Specialist Year 11
- Physics Year 12
- Science Year 9
- Science Year 10

Time: 3.20pm to 5.20pm
- Mathematics Application Year 12
- Mathematics Specialist Year 12
- Physics Year 11

SESSION TWO
Mon 23 to Wed 25 January

Time: 8.30am to 10:30am
- OLNA Preparation
- Study Skills Year 7
- Study Skills Year 8
- Chemistry Year 11
- Economics Year 12

Time: 10.40am to 12.40pm
- Study Skills Year 10
- Study Skills Year 11
- Study Skills Year 12
- Chemistry Year 12
- English Year 7
- English Year 8
- English Year 9

Time: 1.10pm to 3.10pm
- Chemistry Year 12
- English Year 10
- Human Biological Science Year 11
- Human Biological Science Year 12

Time: 3.20pm to 5.20pm
- English Year 11
- English Year 12
- Literature Year 11
- Literature Year 12

APPLICATION:

Student’s name: ____________________________
Address: ____________________________ Postcode: __________________________
School: ____________________________ Year in 2017: __________________________
Parent/Guardian’s email: ____________________________

Phone: (h) ____________________________ (w) __________________________
(mobile) ____________________________

I enclose/authorise full payment of

☐ $150 for each subject or study skills or essay writing class (All classes are 6 hours of tuition)

☐ A cheque/money order is enclosed.

OR

☐ EFT
Account name: Master Mind Australia
BSB: 306 044
Account No.: 0437415
Description: January Revision, Student’s Last Name

OR

☐ Please debit my Visa/Mastercard.

Card type: Visa ☐ Mastercard ☐

Cardholder’s name: ____________________________
Card number: ____________________________

Signature: ____________________________ Expiry date: / _______
Back To School 2017

20% DISCOUNT

Mazenod College

HAWLEYS SHOE STORE is pleased to offer a 20% DISCOUNT on a wide range of school footwear for students attending Mazenod College.

Sports shoes purchased at the same time will also be eligible for a 20% discount.

The 20% discount only applies during the Back To School period, which is until 09/02/2017. After this time the discount reverts to 10% for the year.

Our friendly staff are aware of your school’s footwear requirements.

HAWLEYS SHOE STORE is located at Shop 8/10 Barberry Square Shopping Centre, Barber Street, Kalamunda (Next to the Post Office).

All enquiries are welcome at the shop on (08) 9293 1357.

PLEASE BRING THIS FLYER WITH YOU TO RECEIVE YOUR 20% DISCOUNT

Serving the community since 1947